

FREE TRAINING OPPORTUNITIES!

CHOOSE TO ATTEND BOTH TRAININGS OR PICK ONE!
TRAININGS WILL BE HELD AT THE **HARWINTON AMBULANCE ASSOCIATION!**

April 12th, 2023 5PM-7PM

QPR GATEKEEPER SUICIDE PREVENTION



From 5pm-6pm

QPR stands for Question, Persuade, and Refer — 3 simple steps anyone can learn to help save a life from suicide. As a QPR-trained Gatekeeper you will learn to recognize the warning signs of suicide, how to offer hope, and how to refer to resources in the community to help save a life. QPR is a nationally recognized, evidence-based training that grants participants certification considered active for three years.



NALOXONE ADMINISTRATION OVERDOSE PREVENTION



From 6pm-7pm

Participants of this training will learn:

- Overdose prevention strategies
- Brief history of Opioid Waves
- Local resources and supports
- Signs and symptoms of an overdose
- How to administer Naloxone
- Current protective legislation



Attendees will receive a FREE Naloxone Kit with two 4-ML doses of Naloxone.

If interested in registering for either or both trainings, contact:

Darian Graells at darian.graells@mccallbhn.org

